

## CAFÉ Strategy: Read Appropriate Level Texts That Are a Good Fit

Have you ever spoken with a doctor, auto mechanic, or computer support person that has given you advice or directions in a language that was difficult to understand? This is comparable to reading a book that is too difficult. For readers to have high success in reading, they must spend time reading material they can read with 99 – 100 percent accuracy. We encourage students to select books that are a good fit so that they are successful and enjoy reading. Working on the strategy of reading appropriate level texts that are a good fit will help your child read smoothly, engaging in texts they can read without difficulty.

## How can you help your child with this strategy at home?

- 1. When your child goes to read a text, have him or her use the I-Pick method to explain why that specific text was chosen. Ask your child, "Is that a good-fit book for you? Show me how you know that." The I-Pick method is described below:
  - I I pick a book
  - P Purpose (What is my purpose for choosing this book?)
  - I Interest (Am I interested in this book?)
  - C Comprehend (Do I understand what I just read?)
  - K Know (Do I know most of the words?)
- 2. Model the I-Pick method for your child. Take a book you are reading and go through I-Pick to set an example for what it looks like and sounds like to review reading selection choices.
- 3. Help your child recognize when a text is too difficult. They are taught to ask:
  - Are there five or more words on a page that I don't know?
  - Is this book hard to understand?
  - When I read it does it sound choppy and slow?

## Thank you for your continued support at home!

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